

SPORTS CAMP 2019

Application Form

FOR OFFICE USE ONLY

St. Cecilia's Summer Camps (San Francisco)

- 1 June 17-21 3 July 22-26
- 2 June 24-28 4 July 29-Aug 2

St. Matthew's Easter & Summer Camps (San Mateo)

- April 22-26
- 1 June 10-14 3 June 24-28 5 Aug 5-9
- 2 June 17-21 4 July 29-Aug 2 ~~6 Aug 12-16~~ **FULL**

St. Charles

- 1 June 10-14 2 June 17-21 5 Aug 5-9

Indicate by check mark:

_____ Full day _____ Half Day _____ After Care

School Attending _____

Grade (Fall 2019) _____

Child's Name _____

Parent's Name _____

Address _____

City _____ Zip _____

Home Phone _____

Emergency Phone _____

EMAIL _____

Physician Name & Phone _____

Any Allergies or Restrictions _____

I hereby grant permission for my child to participate in Downey's Sports Camp (DSC). I relieve and do not hold liable the camp, the school or its employees from claims of any damage or injuries received in activities of the DSC. In the event that I cannot be reached in an emergency, I hereby consent to any examination, x-ray, medication, anesthetic, medical and surgical treatment that may be rendered based upon the recommendation of the nearest physician and medical facility.

Parent's Signature _____

Date _____

Cancellation Fee: \$50

Please make check payable to and mail with application to:
Alan Downey

679 Macarthur Drive • Daly City, CA 94015

No confirmation will be sent. Your cancelled check is your receipt.

What Campers Say...

"Gaelic Football and soccer were cool. We loved the coaches."

Jennifer and Colleen – St. Veronica's

"The variety of sports were great and I loved the water fight."

Amanda – St. Timothy's

"The warm-up games were awesome and I really enjoyed all the different tournaments."

Jack – St. Catherine's

"I made a lot of friends and I loved all the sports, especially lacrosse and roller hockey."

Bryan – Baywood

"This camp is the greatest and the coaches are really funny and helpful."

Kerry – Central School Belmont



What Parents Say...

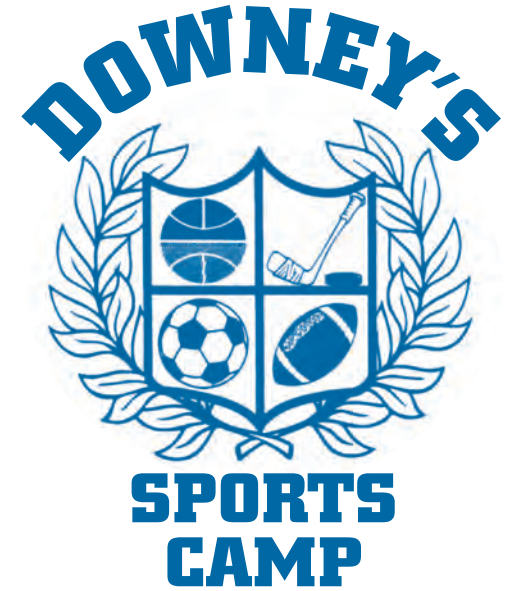
"The camp has a great atmosphere for kids, where they feel comfortable, have fun, and learn a great deal."

Kathy – San Mateo

"This is my son's favorite camp. He gets so excited about it every summer."

Mark – Burlingame

24TH ANNUAL



EASTER AND SUMMER

NEW CAMPS AT
St. Charles & St. Cecilia's

St. Matthew's Catholic School
 San Mateo, CA

NEW GYMNASIUM!



Boys & Girls 5-12 Years Old

WWW.DOWNEYSSPORTSCAMP.COM

2019 Mr. Downey's Sports Camp Boys and Girls Ages 5-12



The program aims to put fun and freedom of expression into sports. It is a well rounded program, where cooperation, sportsmanship, and fair play are emphasized to coincide with the competitive nature of all the sports involved.

We also foster a "neighborhood" type atmosphere where kids have some supervised free time to play among themselves.

Our professionally trained teachers (physical education specialists, CPR instructors) also strive to promote positive self esteem and personal, physical and emotional growth through maximum participation in a variety of activities and challenges.

Our staff also takes pride in providing an experience that is memorable, enjoyable, and valuable.

Sports include *(subject to change):*

- Basketball
- Soccer
- Team Handball
- Lacrosse
- Baseball (T. Ball)
- Gaelic Football
- Flag Football
- Floor Hockey
- Junior Gymnastics
- Parachute Games
- Volleyball
- Capture the Flag



Other Activities:

- Foosball
- Ping Pong
- Numerous Warm-up
- Air Hockey
- Lego and Board Games
- Climbing Wall
- Games
- Water Wars

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St. Charles

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Fee – Includes Camp Shirt (Summer camp only)

\$255 per week (5 full days) 9:00 a.m.–3:00 p.m.

\$175 per week (5 half days) 9:00 a.m.–12:00 noon

\$48 per single full day; \$35 per single half day

LATE REGISTRATION: After June 9 – \$265 full week

\$185 week of 1/2 days.

**PAYPAL PAYMENT OPTION AVAILABLE ON WEBSITE.
5% additional fee for Paypal. All credit cards accepted.**

Extended Supervision

8:00–9:00 a.m. FREE; 3:00–6:00 p.m. \$10 per hour

Late pick up: \$1 per minute

Typical Daily Schedule

- 9:00 a.m. Introduce daily schedule
- 9:10 a.m. Whole camp warm-up
- 9:45 a.m. Break
- 10:00 a.m. Small group skill sessions
Kindergarten/1st, 2nd/3rd, 4th, 5th
- 10:50 a.m. Mini-tournaments
- 11:45 a.m. Review and cool down
- 12:00 p.m. Lunch (half day ends)

Special Afternoon Weekly Events*

Monday: Dodgeball Madness

Tuesday: Bouncy House

Wednesday: Video Game Truck

Thursday: Movie & Popcorn

Friday: Water Fight & Activities

**Subject to change*



Alan Downey, Camp Director

- California High School Soccer State Coach of the Year 2018
- Rhythm & Moves Physical Education Programs—Teacher of the Year, 2004
- Soccer Professional in Ireland
- Represented Ireland in World University Games
- Peninsula Soccer Club Coach, S.I. Varsity Coach
- Physical Education Teacher at St. Matthew's Catholic School, 18 years
- CPR Instructor
- Proud Father of Three

COACHING STAFF



Mr. Fong

- 4th grade teacher at St. Charles

Mike Chun Hoon

- Gym director at St. Matthew's

Tori Vorsatz

- 3rd grade teacher at St. Matthew's and basketball coach

Ross Hiroshima

- Experienced physical education teacher
- Past head PE teacher at St. Cecilia's

David Martinez

- Experienced physical education teacher
- Currently the head PE teacher at St. Gabriel's

Aidan O'Flynn

- Experienced PE teacher and soccer coach

Justin Birdsell

- PE specialist K-8 at St. Cecilia's

Coaches are assisted by a number of present senior students and alumni of the various schools.

**For more information contact Alan at:
email: adowney51@gmail.com**

Or visit WWW.DOWNEYSSPORTSCAMP.COM