

SPORTS CAMP 2026

Application Form

FOR OFFICE USE ONLY

St. Matthew's (San Mateo)

Easter April 6-10

1 June 15-19 3 June 29-July 2* 5 Aug 3-7

2 June 22-26 4 July 27-July 31 6 Aug 10-14

St. Gabriel's (San Francisco)

1 June 8-12 3 June 22-26 5 July 27-31

2 June 15-19 4 July 20-24 6 Aug 3-7

*4 DAY CAMP: Cost per week full days \$300; Half days \$200

Indicate by check mark:

_____ Full day _____ Half Day _____ Extended Care

School Attending _____

Grade (Fall 2026) _____

Child's Name _____

Parent's Name _____

Address _____

City _____ Zip _____

Home Phone _____

Emergency Phone _____

EMAIL _____

Physician Name & Phone _____

Any Allergies or Restrictions _____

I hereby grant permission for my child to participate in Downey's Sports Camp (DSC). I relieve and do not hold liable the camp, the school or its employees from claims of any damage or injuries received in activities of the DSC. In the event that I cannot be reached in an emergency, I hereby consent to any examination, x-ray, medication, anesthetic, medical and surgical treatment that may be rendered based upon the recommendation of the nearest physician and medical facility.

Parent's Signature _____

Date _____

Cancellation Fee: \$75. No refunds after June 6.

Please make check payable to and mail with application to:

Alan Downey

679 Macarthur Drive • Daly City, CA 94015

No confirmation will be sent. Your canceled check is your receipt.

What Campers Say...

"Gaelic Football and soccer were cool. We loved the coaches."

Jennifer and Colleen – St. Veronica's

"The variety of sports were great and I loved the water fight."

Amanda – St. Timothy's

"The warm-up games were awesome and I really enjoyed all the different tournaments."

Jack – St. Catherine's

"I made a lot of friends and I loved all the sports, especially lacrosse and roller hockey."

Bryan – Baywood

"This camp is the greatest and the coaches are really funny and helpful."

Kerry – Central School Belmont



What Parents Say...

"The camp has a great atmosphere for kids, where they feel comfortable, have fun, and learn a great deal."

Kathy – San Mateo

"This is my son's favorite camp. He gets so excited about it every summer."

Mark – Burlingame

31TH ANNUAL

DOWNEY'S



SPORTS CAMP

Summer 2026

CAMPS AT St. Matthew's & St. Gabriel's

St. Matthew's Catholic School, San Mateo, CA



Boys & Girls 5-12 Years Old

WWW.DOWNEYSSPORTSCAMP.COM

2026 Mr. Downey's Sports Camp Boys and Girls Ages 5-12



Downey Camps aims to put fun and freedom of expression into sports. It is a well rounded program, where cooperation, sportsmanship, and fair play are emphasized to coincide with the competitive nature of all the sports involved.

We also foster a "neighborhood" type atmosphere where kids have some supervised free time to play among themselves.

Our professionally trained teachers (physical education specialists, CPR instructors) also strive to promote positive self esteem and personal, physical and emotional growth through maximum participation in a variety of activities and challenges.

Our staff also takes pride in providing an experience that is memorable, enjoyable, and valuable.



Sports include (subject to change):

- Basketball
- Soccer
- Team Handball
- Lacrosse
- Baseball (T. Ball)
- Gaelic Football
- Flag Football
- Floor Hockey
- Junior Gymnastics
- Parachute Games
- Volleyball
- Capture the Flag

Other Activities:

- Foosball
- Ping Pong
- Numerous Warm-up
- Air Hockey
- Lego and Board Games
- Scooters
- Just Dance
- Water Wars

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*4 DAY CAMP: Cost per week full days \$300; Half days \$200

FEE: Includes Camp Shirt (summer camp only)

\$345 per week (5 full days) 8:00 a.m.-3:00 p.m.

\$255 per week (5 half days) 8:00 a.m.-12:00 noon

Extended care available until 5 pm @ \$15 per hour.

**PAYPAL PAYMENT OPTION AVAILABLE ON WEBSITE.
5% additional fee for Paypal. All credit cards accepted.**

Typical Daily Schedule

- 9:00 a.m. Introduce daily schedule
- 9:10 a.m. Camp warm-up
- 9:45 a.m. Break
- 10:00 a.m. Small group skill sessions
Kindergarten/1st, 2nd/3rd, 4th, 5th
- 10:50 a.m. Mini-tournaments
- 11:45 a.m. Review and cool down
- 12:00 p.m. Lunch (half day ends)

Special Afternoon Weekly Events*



- Dodgeball Madness
- Bouncy House
- Movie & Popcorn
- Water Fight & Activities

*Subject to change

Alan Downey, Camp Director

- California High School Soccer State Coach of the Year 2018
- Rhythm & Moves Physical Education Programs—Teacher of the Year, 2004
- Soccer Professional in Ireland
- Represented Ireland in World University Games
- Peninsula Soccer Club Coach, S.I. Varsity Coach
- Physical Education Teacher at St. Matthew's Catholic School, 31 years
- CPR Instructor
- Proud Father of Three

COACHING STAFF



- **Mr. Fong** - Junior high teacher at St. Charles.
- **Mike Chun Hoon** - Gym director at St. Matthew's; Special Education Teacher.
- **Mr. Figueroa** - Popular junior high science teacher at St. Matt's.
- **Aidan O'Flynn** - Experienced PE teacher and soccer coach.
- **Steve Foy** - Experienced PE teacher and Basketball referee.
- **Sam Bishop** - 7th grade homeroom teacher at St. Matt's, basketball coach at Crystal Springs Uplands.

Coaches are assisted by a number of present senior students and alumni of the various schools.

For more information email Alan at:
adowney51@gmail.com

Or visit WWW.DOWNEYSPORTSCAMP.COM